



BULGARIAN FEDERATION KYOKUSHIN AND SPORTS KARATE CLUB – MONTANA

PRESENTS OPEN INTERNATIONAL CHAMPIONSHIP IN KUMITE AND KATA FOR CHILDREN, ADOLESCENTS, MEN AND WOMEN - FOR “THE CUP OF MONTANA – 2021”

The championship will be held on 06.11.2021 in “Mladost” sports hall. The championship is opened for all federation and clubs that agree to compete under the knock-down rules of IFK Kyokushin. The participants in the tournament can be in one of the following categories:

Men and Women	male	-70,-80,-90,+90
	female	-55,-60, -65 и + 65
Adolescents, age: 16-17	m	-55, -60, -65, +6-70,-75,+75
	f	-50, -55,-60,+60
Adolescents, age: 14-15	m	-40, -45, -50, -55,+55
	f	-40, -45,-5,-55,+55
Children, age: 12-13	m	-35,-40 -45,-5-,+50
	f	-35,-40 -45,+45
Children, age: 10-11	m	-30,-33, -36, -40,-45,+45
	f	-30,-33, -36, -40,-45,+45
Children, born: 2011	m	-28, -31,-34, -37, -40 + 40
	f	-28, -31,-34, -37, -40 + 40
Children, born: 2012	m	-25, -28, -31,-34, -37,-40 +40
	f	-25, -28, -31,-34, -37,-40 +40
Children, born: 2013	m	-20, -25, -30, -33,-35, +35
	f	-20, -25, -30,-33, -35, +35

FIGHT DURATION:

Children, born 2010, 2011, 2012, 2013 and children aged 12-13 years - regular time 1,5 min. , sequel 1 min

Adolescents, age: 14-15 , 16-17 years, men and women – regular time 2 min, sequel 2 min, last sequel 2 min - a decision must be made after the last sequel

EQUIPMENT AND PROTECTION :

The participant must have the following equipment:

- Clean karate gi
- Belt, corresponding to his/hers qualification
- Shin pads that cover the top of the feet



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- Groin protector / for boys /
- The girls must have a chest protector with cups (KWU model)
- Girls up to 12-13 years must wear a whole full body chest protector (IFK model) /If the competitors don't have one, the host will provide near the tatami/
- A helmet
- Gloves

CONDITIONS FOR PARTICIPATION:

1. Application form
2. ID card
3. Medical certificate
4. Insurance
5. Declaration signed by parents, which includes a declaration, that they are familiar with the COVID 19 measures and are going to obey them /there is a fixed template that will be send to everyone after the application has been send/
5. Declaration signed by every competitor over 18 years old

RULES:

The Championship is held under the IFK Kyokushin rules.

APPLICATION DEADLINE: 15.10.2021

Depending on the participants that want to take part in the competition, changes may be made in the categories where there are not enough fighters. This will be done only after consultation with the relevant instructors.

ATTENTION!

In the application form you must write the exact weight (in kg) of every competitor

COMPETITION SCHEDULE

Schedule	06.11.2021 from 9,00 to 10,55 AM in "Mladost" sports hall	weighing and medical examination
	16.10.2021	Referee and Judges seminar in Sofia
	11,00	Start of the tournament
	14,00	Kata competition
	15,30	Second part of the tournament
	17,30	Awarding and Closing the Championship
	19,00	Sayonara



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KATA

The kata competition will be held in the following age categories Every group will have two rounds.

1. First group:

8 years old
9 years old
10 years old
10-11 years old
12-13 years old

- First round

Compulsory kata: Taikyoku sono ichi, Taikyoku sono ni, Taikyoku sono san

- Second round

Kata by choice: Taikyoku sono san, Pinan sono ichi, Pinan sono ni

2. Second group:

14-15 years old
16-17 years old

- First round

Compulsory kata: Pinan sono ni, Pinan sono yon, Pinan sono go

- Second round

Kata by choice: Gekisai dai, Gekisai sho, Yantsu, Saiha, Tsuki no kata

3. Third group:

Men
Women

- First round

Compulsory kata: Gekisai dai, Gekisai sho, Yantsu, Saiha, Tsuki no kata

- Second round

Kata by choice: Seienchin, Garyu, Sushiho, Seipai



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Competitors from other federations can also take part in the KATA Competition with their own version of the abovementioned katas. It is desirable to have judges from other federations in the kata judges' commission.

FINANCIAL CONDITIONS

1. Participation fee – 10 euro
2. Sayonara – 10 euro

ACCOMODATION FOR PARTICIPANTS ARRIVING ON 05.11.2021

The accommodation in Hotels will be according to personal choice:

- Double room – 26 euro /13 euro per person/ in Hotels “Europe”, “Bulgari”, “Augusta”
- Double room – 32 euro /16 euro per person/ in Hotels “Montana”, “Zhitomir”,
- Double room – 46 euro /23 euro per person/ in Hotel “Ring”,
- Apartment – 52 euro in Hotel “Ring”
- Apartment – 62 euro in Hotel “Ring”

The choice is only possible if you send an application in a timely manner and there are free rooms.

Until 15.10.2021, applications for judges and referees from other federations are accepted, and the same must participate in the seminar on 16.10.2021 (participation in the seminar is compulsory only for people who have not previously judged/refereed in IFK tournaments)

CONTACTS FOR APPLICATION

Applications for the tournament will be accepted until October 15, 2021. at
e-mail: ifk_bulgaria@abv.bg

ifk_bulgaria@abv.bg

Teams will not be accepted for participation without prior application.

For contacts: +359884601526

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Country Representative IFK Bulgaria